



# Social Care Institute for Excellence

## Good Practice Resources

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# About SCIE

- Established in 2001, SCIE is an independent charity
- Funding-DoH, DoE, DHSSPSNI, Welsh Assembly & commissioned work
- SCIE identifies and disseminates the knowledge base for good practice in social work/social care throughout the UK- adults & children's services
- We work collaboratively with partners (national & regional)
- “Capture- Communicate- Catalyse”
- SCIE products & resources are FREE!

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# SCIE in Northern Ireland

- Background information
- SCIE provided an independent perspective to the Social Services Working Group for RPA
- SCIE participated in NISCC's Review of Social Work Roles & Tasks
- NI representation on SCIE Board of Trustees & SCIE Partners' Council
- Practice Development Manager for NI
- NI Steering Group

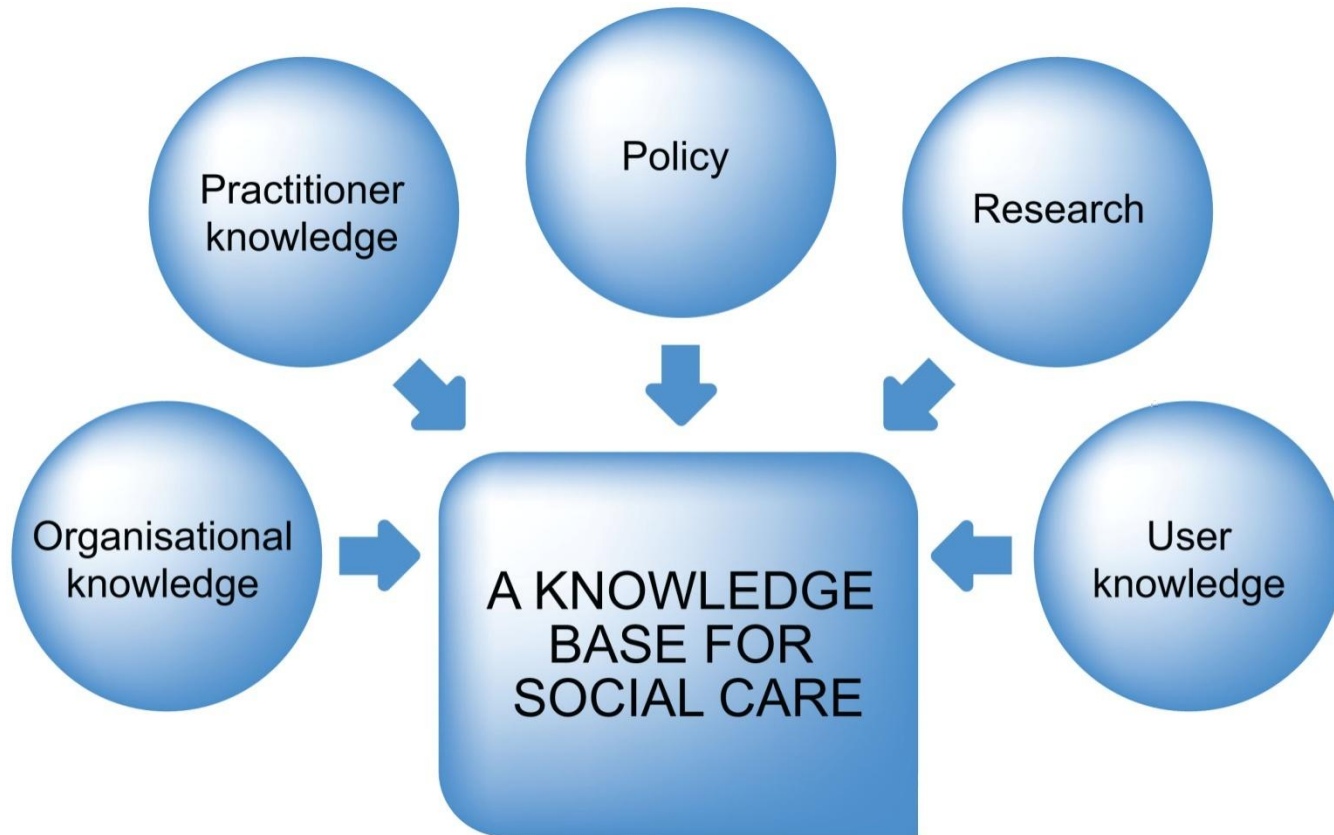
# SCIE –NI publications

- Working together: Carer participation in England, Wales and Northern Ireland: Position Paper (2006)
- Participating and learning: Citizen involvement in social work education in the Northern Ireland context: A good practice guide (2006)
- SCIE & DHSSPS-Social Care Governance: A Practice Workbook (2007)

# SCIE –NI publications

- SCIE, NISCC & RQIA- ‘Looking out from the Middle: Strengthening user involvement in health and social care in Northern Ireland’ (2008)
- SCIE & QUB -Working with challenging & disruptive situations in residential child care: Sharing effective practice (2008)

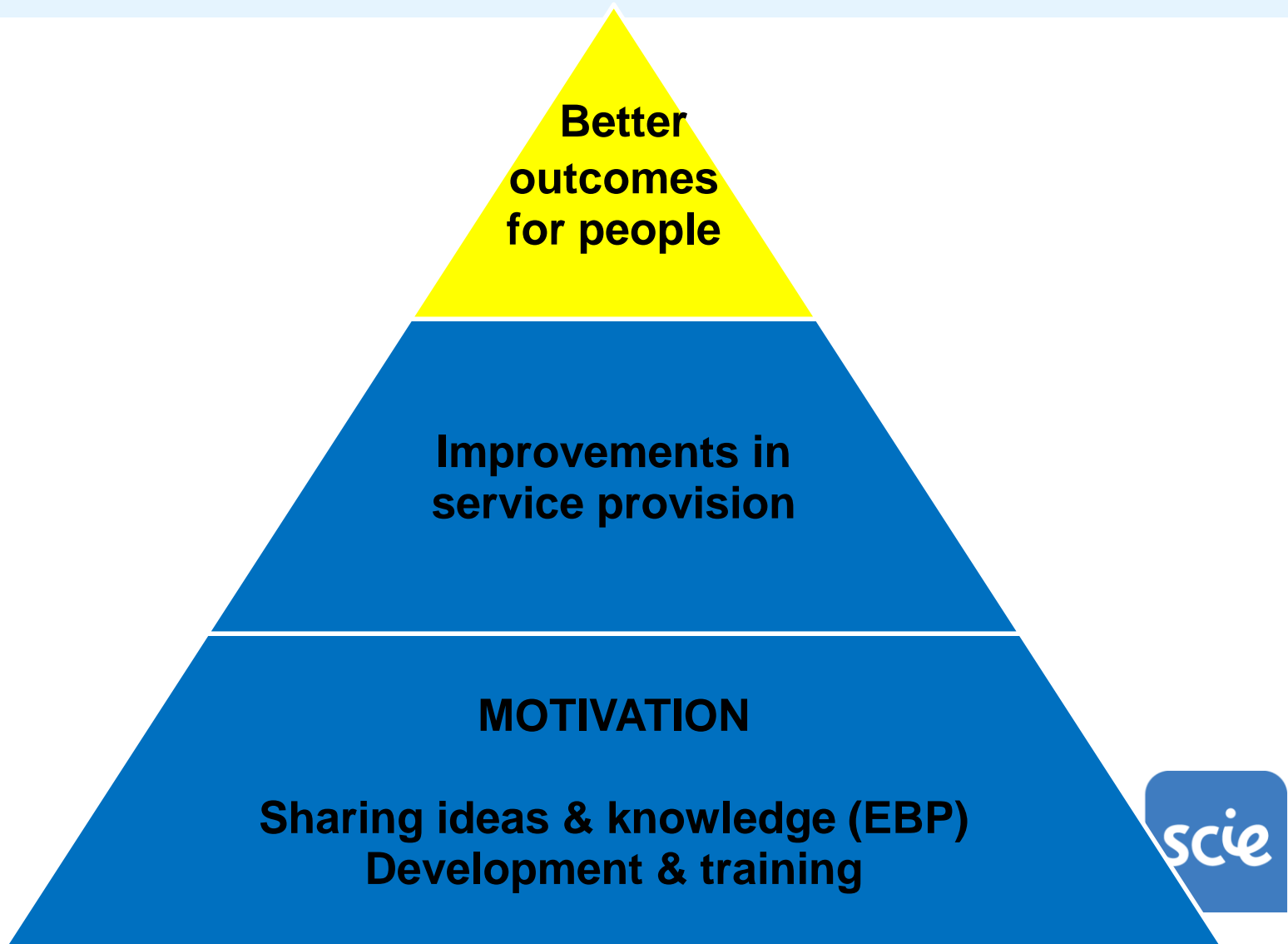
# SCIE's sources of knowledge



# Why we need to use evidence?

- Vulnerable people have the right not to be ‘victims’ of untested interventions
- Research can show what is likely to work
- Transparency - ensures we provide reasons for what we do
- Efficiency and value for money – helps to focus time and money on what can work
- Evidence on it own no good – needs interpretation & application
- Helps to achieve better outcomes

# Using evidence & knowledge to develop practice & services



# How can SCIE's resources be used?

- Training- formal & in-house
- Discussions at staff meetings
- Develop knowledge of key issues
- Continuous professional development
- Professional Record of Training & Learning (NISCC registration)
- Audit of practice & identification of good practice
- Service development & innovation

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# About SCIE resources

- Publications
- Practice tools
- E-learning suite
- Social Care TV

# SCIE Publications

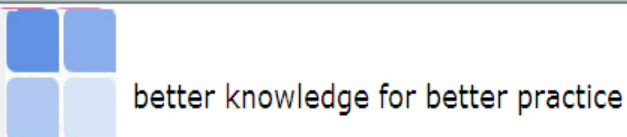
- SCIE practice guides
- Research briefings
- Knowledge reviews
- At a glance
- Discussion papers and position papers

# Social Care Online

- The UK's most extensive free database of social care information-Updated daily
- Research reviews & briefings
- Reports & consultation documents
- Government documents
- Guidance & inspection reports
- Journal articles & websites
- Standards, statistics & training materials
- Legislation, Policy document

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- Dignity in care
- ▼ The Dignity factors**
- ▶ Stand up for Dignity
- ▶ Specialist care
- ▶ Helpful resources
- ▶ Background research
- ▶ About this guide
- ▶ References
- ▶ Feedback

You are in: Home > Resources and publications > SCIE Guides > Dignity in care > The Dignity factors

## Dignity in care

Care that supports and promotes a person's self respect

'For me, dignity is about seeing the individual person and respecting their own space and their way of life'

### The Dignity factors

Research indicates that there are eight main factors that promote dignity in care. Each of these Dignity Factors contributes to a person's sense of self respect, and they should all be present in care.

#### Choice and control



#### Communication



#### Featured resource: Social Care TV



Films on the subject of Personalisation.

#### Helpful resources

Links to practical resources and useful websites to help you with training for Dignity in care.

#### DH Care Networks

### Eating and nutritional care >



Providing a choice of nutritious, appetising meals, that meet the needs and choices of individuals, and support with eating where needed.

### Pain management >



Ensuring that people living with pain have the right help and medication to reduce suffering and improve their quality of life.

### Personal hygiene >



Enabling people to maintain their usual standards of personal hygiene.

### Practical assistance >



Enabling people to maintain their independence by providing 'that little bit of help'.

#### Social care online

Find information and research on **older people and quality of life** on Social Care Online.



# Practice tools

- Used to improve the way organisations manage and support their staff.
- **Good Practice Framework**
- **Guide 27: Leading practice - a development programme for first-line managers**
- **Care Skillsbase**
- **People Management**
- **Dementia Gateway**

# Dementia Gateway

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## About dementia

If you work with people with dementia in nursing, residential or domiciliary settings, we hope you will find this website useful. There are lots of practical tips, tools and activities in the sections below that will help you with your daily work. Each section has been written by a national dementia expert so you can be sure the information and guidance is up to date and reflects what we know about best practices in dementia care. Come back often as we'll be updating the site regularly.

- End of life care
- Making decisions
- Getting to know the person with dementia
- Eating well
- Difficult situations
- Keeping active and occupied
- The environment
- Dementia videos
- Free training programmes

**New section**




**End of life care**

Issues faced by carers when their loved one is dying

>

**New section**



**Making decisions**

Learn how to support people with dementia who are making difficult decisions

>



**Getting to know the person with dementia**

Expand your skills in getting to know a person living with dementia.

>



**Eating well**

Learn how to help a person with dementia manage mealtimes for greater health and enjoyment.

>

- > Dementia links
- > Your space

**What's new?**

New feature on **Sexual expression**

New feature on **Diet, super foods and dementia**

New feature on **Creating relaxing environments**



**Difficult situations**

We tackle some of the most common difficult situations that can arise when supporting a person with dementia.



**Keeping active and occupied**

Discover lots of exciting approaches that can help a person with dementia to remain active.



**The environment**

Practical ideas for making living spaces safe, user-friendly and enjoyable for a person with dementia.

Watch videos that tell the personal stories of people with dementia, download free e-learning programmes on dementia and track down useful resources – just click on the links below. You can tell us about resources that you think are useful too and rate this website.

**Dementia videos**

People with dementia and carers share their experiences.



**Free training programmes**

SCIE's free dementia e-learning resources.




**Useful resources**

A wide selection of dementia resources, many web based.



**Your space**

Rate the website and recommend new resources or topics for the website.



# Multi-media E-Learning Resources

- Accessed from any internet-enabled PC
- Fully accessible to users with disabilities.
- Designed to engage groups & individuals (formal training or self-directed study)
- Simulations, quizzes, short commentaries, interactive case studies, audio & video clips, helping to bring the topics alive.
- Supported by evidence-based research & linked to documents for further reading

# Some examples of E-learning topics

- Managing knowledge to improve social care- 10 modules
- Managing risk, minimising restraint-3 modules
- Dementia -7 modules
- Inter-professional & inter-agency collaboration-7 modules
- Communication skills-10 modules
- Mental health of older people- 10 modules

# Social Care TV

- A new broadband channel for everyone involved in the social care sector- choose what to watch when you want to watch it.
- Films about real people can bring a subject to life in a much more accessible & emotional way than the printed word.
- Complement SCIE's research & guidance
- Provide a good introduction to key issues, challenges & rewards
- Films or clips of films can be downloaded for use in training, self directed study, CPD etc
- Updated monthly- two new topics every month.
- Pick up a copy of SCIE's Social Care TV Times
- At present- 53 films

# Social Care TV topics

- Dementia
- Safeguarding adults
- Seldom-heard groups
- Days in the life...
- Nutritional care for older people
- Assistive technology & telecare
- Managing risk, minimising restraint
- Personalisation
- Mental capacity



# Keep in touch!

## Sign up for SCIE developments, events & new resources.

- General email updates- highlighting news and resources from SCIE
- Student email updates- SCIE regular e-newsletter aimed specifically at students
- Quarterly updates-adults services
- Quarterly updates- children's services
- Social care online newsletter
- People management newsletter
- E-learning
- SCIELine magazine
- <http://www.scie.org.uk/myscie/signup.asp>

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**GO**

- Resources on**
- > Adults
  - > Families and Children
  - > Workforce development
  - > Knowledge and research
  - > Find resources and publications

- Key resources**
- > Social Care TV
  - > Social Care Online
  - > e-Learning
  - > Tools & gateways



**Engagement events: What is excellence?**  
People who use services and carers - book your place at our events

- > Personalisation – measuring progress
- > Action against burglary
- > Mental health transitions
- > Defining excellence
- > Serious case reviews
- > Get Connected

Register for email updates to hear about our latest

[News](#) [Latest products](#)



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